



Holiday Challenge

Note: Make a copy of this exercise and worksheets in your google drive before filling in the text boxes.

Purpose

- ❖ Collaborate to:
 - Understand the Vancouver Climate Emergency plan and priorities.
 - Consider solutions and project areas relevant to your team.
 - Learn how to make sustainable lifestyle changes.
 - Spread the workload throughout your team by volunteering and assigning action items
- ❖ Visualize our transformed world and your transformed self.
- ❖ Practice hosting your own productive meeting.

Host a meeting between now and January 3rd, 2021. The meeting should be scheduled for one hour and thirty minutes. For the first 1 hour - 1 hour and 10 minutes, focus on productivity. For the last 20 - 30 minutes, share fun social time!

Holiday Challenge Actions

1. [Exploring Climate Solutions](#)
2. [Individual Habit Change](#)
3. [Self Development Exercise 3 & 4](#)

1. Exploring Climate Solutions

1. There are 6 big moves that the city of Vancouver has committed to taking in order to reduce greenhouse gas emissions. Explore the different climate solutions!
 - a. Delegate this work amongst yourselves. Meet briefly to discuss this over video and do your group research by **your next scheduled Y4CA workshop**.
 - b. Research can be done by using some of [these links below in the agenda](#).
2. With your team discuss, reflect and answer the following questions:
 - a. What are the “six big moves?”
 - b. What are the city’s climate targets (GHG reduction targets and by when)?
 - c. What are community emissions, what are corporate emissions?
 - i. What do schools fall under?
 - d. How could your school or community contribute to the six big moves (list as many ideas for each big move as you can)
 - i. Ex: *zero emissions buildings*. How could your school help achieve that goal? How could the school change something that would contribute to the target?
 - e. How would the solutions/changes needed to meet these targets improve the lives of people in your community?

Roles (Chosen at last team meeting before holidays):

- ❖ One person who creates a when2meet or doodle to convene the meeting.
- ❖ Someone to remind the team about our meeting, the day before over slack and email.
- ❖ One other person to do a territory acknowledgement (they must look up how, if they do not know)
- ❖ One other person to run a check in question: Name, pronouns, (fun question)
- ❖ Assign a notetaker: Notetaker writes down all action items, decisions and reasonings (task, date to complete by. Repeat the action item back as you hear it, to make sure it is clear for everyone).
- ❖ Choose two people who will keep track of time and run the group through the meeting agenda.
- ❖ One person to come up with a group social activity (have a few options to vote on with your team). The activity should require everyone to talk, participate, and be present with the group!

2. Individual Habit Change

→ [Resources to inspire habits you can change.](#)

Some climate solutions require personal change, but that doesn't mean we can't do it together. Work together to create **a list of actions individuals can take to reduce greenhouse gas emissions or overall ecological footprint**. We will eventually try to build some of these new habits later in January.

3. Self Development

We will use some of our work here in the New Year, to chat and share our vision as a group!

- ❖ [Imagine your transformed World](#) (if not already done)
- ❖ [Imagine your transformed Self](#)
 - Submit both anonymously!

Agenda Template

Roles:

- The facilitator(s): follow the agenda and guide the group through each section, while keeping everyone on time. If someone else is a point person for that section they simply invite them to take the floor.
- Notetaker: Notetaker writes down all action items, decisions and reasonings (task, date to complete by. Repeat the action item back as you hear it before moving on to make sure it is clear for everyone. An action item can be called out when it sounds like someone is volunteering to take on a task.

Time (minutes)	Point Person	Section	Details for Section
2		Territory Acknowledgment	Speaker acknowledges the territory they are occupying, and reminds others to consider theirs.
5		Check in	Share Name, Pronouns (optional to share), and [INSERT FUN CHECK IN QUESTION HERE]
2		Norms: Go over norms as group agreements we make together.	Suggestions: Please discuss and add your own! ❖ Keep to time - respect the agenda. ❖ Share the airtime/Step up Step Back. ❖ T-for term ❖ Speak up, Repeat Back. ❖ Respect each other: ➢ Listen when others are talking. ➢ Be receptive to new ideas. ➢ Think about the impact of your words (OUCH) ❖ Keep your microphone muted during presentations. ❖ If you have a question during the presentation, type it in the chat box or raise your hand. ❖ If you are having issues with hearing us, we suggest keeping your camera turned off as this can improve the quality.
1	Facilitator	Agenda Overview	Quickly mention sections of the agenda, so the group knows what they are doing today.

20		Make a plan to explore Vancouver's Climate Emergency Plan (links in section below to help)	There are 6 Big Moves, coming up with answers to the questions anyway you would like. You are aiming to have everyone take on action items to reach your group goal! The deadline will be our first meeting back in January. Make sure the team is aware of answering these in an organized way, via google docs for easy collaboration with the team later in the New Year! <u>Focus:</u> Vancouver's climate emergency plan. <u>Purpose:</u> To determine what our city is already doing on climate, so we can consider our city goals when we explore our own project. <u>Find answers to the following:</u> ❖ What are the “six big moves?” (one or 2 people should be assigned to at least 1 big move or more, ideally working together if possible). They should answer: ➤ How is the big move described? ➤ What are examples of changes and solutions that correlate each big move? ➤ Why have they chosen that big move/area of focus? ➤ How could your school or community contribute to that big move? (list as many ideas for each big move as you can). Brainstorm freely! ➤ Anything else you would like to add to share with your team (you will teach it back to people). ❖ What are the city's climate targets (greenhouse gas emission reduction and by when)? ❖ What are community emissions and what are corporate emissions? ➤ What jurisdiction do school emissions fall under? ➤ Who calculates the emissions and decides actions for schools to take? ❖ How could your school or community contribute to the six big moves (list as many ideas for each big move as you can)
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			➤ Ex: <i>zero emissions buildings</i>. How could your school help achieve that goal? How could the school change something that would contribute to that target? ❖ How could the solutions/changes needed to meet these targets improve the lives of people in your community?
LINKS FOR RESEARCH (someone should post to slack channel, should also be included in meeting minutes/notes) 1. Vancouver Council Presentation on the 6 big moves 2. Action Plan Brief Overview 3. Recent November motion which talks about more actions for the big moves 4. Full action plan PDF 5. Other documents you may find useful 6. Feel free to explore other information on the cities website or through newspaper articles.			
20		How can we build new sustainable habits?	Some climate solutions require personal change, but that doesn't mean we can't do it together. Work together to create a list of actions individuals can take to reduce greenhouse gas emissions or overall ecological footprint. We will eventually try to build some of these new habits later. In your meeting, create a shared document in your team's shared google drive folder. Make sure everyone's email is added and has editing access. You can do this as a group during the meeting, or take home actions items (put in notes). In the document, each person should add: 1. The first column: Label "Personal sustainable lifestyle change or habit." Write 2-3 sustainability lifestyle changes/habits you might want to commit to. The 2 - 3 habits you write down do not need to be committed to you right now, we will revisit actions as a team in January. This will be a curated list to come back to overtime as you choose new habits to commit to.* 2. The second column: Label, "How this creates an impact." Add information and links as to how the action makes an impact (like ghg reduction or ecological footprint), if

			taken up as a lifestyle habit. It may also indirectly make a positive impact, such as teaching others about climate. While teaching others may not bring down emissions directly, it does educate and build power for others to take future actions. 3. The third column should be labelled “how this action might be more challenging for some people than others” (e.g. personal/family circumstance, access to resources, money etc.). It is important to consider equality and equity in climate solutions and person responsibility. For example, eating all organic food or driving an electric vehicle is easier for someone in a wealthy family or situation, than others. Or walking to school or work is harder for someone with cardiovascular challenges, than someone with a strong heart. * Resources to inspire habits you can change: ❖ How to reduce food waste ❖ How to reduce paper waste ❖ How to improve energy efficiency in your home room by room ❖ Personal Sustainability Habit Challenge: The habit changing form
5		Check in on Self Development	Remind everyone to finish up both exercises and submit! If you have extra time, you could talk about these exercises and how they’re going for you. You might also discuss your responses in each and see if anyone was similar to you. 1. Imagine your Transformed World 2. Imagine your Transformed Self Links can be found in your team's “Action Tracker” at the top of your team slack channel. Links should be sent out with notes. To submit responses: ❖ Visit this link, preferably in a private browser or incognito window (so it requires you to login with a new email)

			❖ Login to the form using: ➤ Y4CA@BeTheChangeEarthAlliance.org ➤ Password: y4ca20202021 (caps sensitive)
20	Social time facilitator	Social Time	Person who volunteered to run a social activity does so! This could include just casual chatting amongst the group and doesn't need to be an activity. The group can decide together.
5		Review Action Items	Note taker reads back all action items, mentions they will be sent out in slack and any other channel.
5		Closing	Team says goodbyes and well wishes for the break!